

MST Supervisor Adherence Measure (SAM): Guidelines for SAM Administration

Resources Required: The MST Therapists are responsible for completing this questionnaire. It is estimated that the time commitment required will be 10 to 15 minutes per therapist for each administration.

Schedule: To coordinate the administration of the SAM, the MST Program Administrator or MST Supervisor will prompt therapists from each team to complete SAMs. **This prompt will happen one month after initiation of the MST program, and every two months thereafter.**

Procedure for administering questionnaire: The MST Therapist logs onto the MST Institute website (<http://www.mstinstitute.org/>) and select *Supervisor Adherence Measure*. The therapist may select a pseudonym prior to data entry to ensure confidentiality of responses. However, if a pseudonym is selected the therapist must continue to use the same pseudonym for all future entries.

Therapists are asked to consider all of the supervision sessions that have occurred in the prior two months when responding to the questions, select the appropriate response when answering each question, and then select *Submit Survey* when the measure has been completed.

Scoring: After the questionnaire has been completed and submitted, it will be scored by the MST Institute. Standard reports can be generated from the website by MST Consultants or System Supervisors. These results will be reviewed with MST Supervisors during booster training.